



MAY/JUN 2025

SDA MAGAZINE

**SDA JOINS
MLS NEXT!**

**EXCLUSIVE
INTERVIEW
WITH COACHES
BO AND CASEY!**



2025 COMMIT

DEMETRIUS BLAKE JR.

**TRYOUT
PLAYER ID
INFO!**

**2008 BOYS
UNDEFEATED
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**UPCOMING
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**WOMEN'S
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MLS

NEXT



**THE COACHES WHO MADE IT
HAPPEN:**



**CASEY MURPHY
BO JELOVAC**

MLS NEXT

EXCLUSIVE INTERVIEW

EXCLUSIVE INTERVIEW

Brian: Hey everyone, welcome to a very special article today. I'm the editor of SDA Magazine and I'm excited to be joined by two people who've been absolutely key in driving something incredible for SDA – SDA coaches Bo Jelovac and Casey Murphy. If you've heard the buzz, you know we're talking about our boys' teams being accepted into MLS Next, the premier youth soccer league in the country. It's a huge honor, and honestly, a total game-changer for SDA. Today, we're going to unpack how this came to be, what it means for our players, and what's on the horizon. Bo, Casey – thanks for being here!

Bo: Thanks for having us – excited to chat about it.

Casey: Yeah, this is big for all of us, happy to talk about it.

Bo: This is huge. MLS Next is the top of the pyramid when it comes to youth soccer in the U.S. We're talking about the league where future professional players and top NCAA recruits are developed. Being a part of it means we're not just competing locally or regionally anymore – we're stepping into a national spotlight. And for our players, it means they're getting seen by scouts, colleges, and pros at a much higher level.



EXCLUSIVE INTERVIEW

Casey: Honestly, seeing the doors this opens for our players. I've always believed in the talent we've got here, and now those kids are going to get a chance to prove themselves on the biggest stages. That's why we do this – to help them reach their potential. It's also exciting because we're putting SDA on the map nationally. Other clubs are taking notice.

Brian: Talk to me a bit about the process. How did this happen? Bo, was there a moment you thought, "yeah, we've got a real shot at MLS Next"?

Bo: It's been a journey. There wasn't just one moment – it was about consistency. We've been improving year after year, showing we can develop players who are ready for the next level. We've built a reputation for doing things the right way – strong coaching, competitive teams, and a real focus on player growth. Over time, that starts to get attention. But to be honest, we had to fight for this. We had to make a case for SDA and prove that we could meet the standards MLS Next demands.

Brian: Were there some challenges along the way?

Casey: Definitely. Anytime you're aiming for something at this level, it's not easy. We had to show we had the infrastructure – not just good teams, but solid coaching staff, training facilities, support systems. It's more than just winning games. It's about showing you can provide a full development environment. There were moments where we thought, "Is this going to happen?" But we kept pushing, and in the end, all that hard work paid off.

EXCLUSIVE INTERVIEW

Brian: What kind of changes or upgrades did SDA have to make to meet those expectations?

Bo: We focused a lot on raising coaching standards, bringing in more resources for players like strength and conditioning, video analysis, and really creating a professional environment. We also had to improve our admin side – scheduling, communication, making sure we're running at a top-tier level.

Brian: Now one of the coolest things I've heard is that families won't have to travel nearly as much now that we're in MLS Next. Casey, can you talk about how this helps the players and the community?

Casey: Absolutely – this is one of the best parts. In the past, a lot of our top players had to travel to other clubs just to get these kinds of opportunities, or we were constantly on the road for games and showcases. Now, with MLS Next, we're hosting more right here. Players can stay with SDA and get the highest level of competition without leaving the community. It's easier on families, and honestly, it makes it more fun.

Brian: Bo, how does this change things at CNYFSC?

Bo: Definitely. CNYFSC is going to become a real hub for high-level soccer. With more MLS Next games being played here, we're going to see a lot more community involvement. Families can come out and support, siblings can watch their brothers compete, and it's a great chance for everyone to be part of something special. It's not just about the players – it's about building a soccer culture right here at home.

EXCLUSIVE INTERVIEW

Brian: That's amazing. So instead of driving hours away, families can now enjoy these top-level games right in their backyard.

Casey: Exactly. We want CNYFSC to feel like home for these players – and for their families too. Come out, watch some incredible soccer, hang out, support the teams. It's going to be a great environment, and we're excited about the energy it'll bring.

Brian: What are you most excited about for the future now that SDA is officially in MLS Next?

Bo: Honestly, just seeing where our players can go from here. This is the kind of opportunity that can change lives – scholarships, pro contracts, or just the pride of knowing they competed at the highest level.

Casey: Same here. It's about raising the bar. We've got great talent, and now they get to prove themselves. Plus, it's going to inspire the younger teams too – they'll see what's possible.

Brian: What's next for SDA? Now that we've hit this milestone, where do you see things going?

Bo: We want to keep pushing forward. This is just the beginning. Our goal is to not just be in MLS Next, but to be one of the top programs in it. That means continuing to invest in our players, in our coaches, and in the culture we've built here.

Casey: Yeah, we're not stopping here. We've got momentum,

MLS NEXT IS THE NEXT CHAPTER FOR SDA

and we're going to use it to grow – not just in terms of size, but in quality. We want SDA to be known across the country as a place where serious players come to develop and succeed.

Brian: Bo, Casey – thank you both so much, not just for joining me today, but for everything you've done to make this happen.

Getting into MLS Next is a huge achievement, and it's going to open so many doors for SDA, our players, and the entire community.

For everyone listening – get ready, because the action starts this fall, and we are super excited to kick things off. We've got more games, more talent, and more energy coming to CNYFSC than ever before. Bring the family, bring your friends, and come be part of something special. SDA is on the rise – and this is just the beginning.





COMMITTED 2025

DEMETRIUS BLAKE JR. SUNY CANTON

Demetrius Blake Jr. is no stranger to a challenge—and that’s exactly how he likes it. From late starts to worldwide competition, Demetrius has made a name for himself by showing up, stepping up, and aiming high, both on the field and in life.

One of the things Demetrius loves most about playing with SDA? The competition is never easy, and the stakes are always high. “We never have an easy game and always have to strive for the win,” he says. Constantly traveling and facing top-level teams has kept him sharp, focused, and always pushing to get better.

But it’s not just about playing hard. Demetrius says it’s about being ready for anything. One of the biggest lessons he’s picked up at SDA is how important it is to stay flexible. “I learned to be flexible in my position—your position is never certain, and it can always change with your coach,” he says. That adaptability has helped him thrive, no matter where he’s put on the field.

Looking ahead, Demetrius has his sights set on the big leagues—European professional soccer is the goal. And once he’s conquered the pitch? He’s got plans to turn his green thumb into a full-blown business, opening his own plant shop after retirement. Soccer star and plant guy? Absolutely.



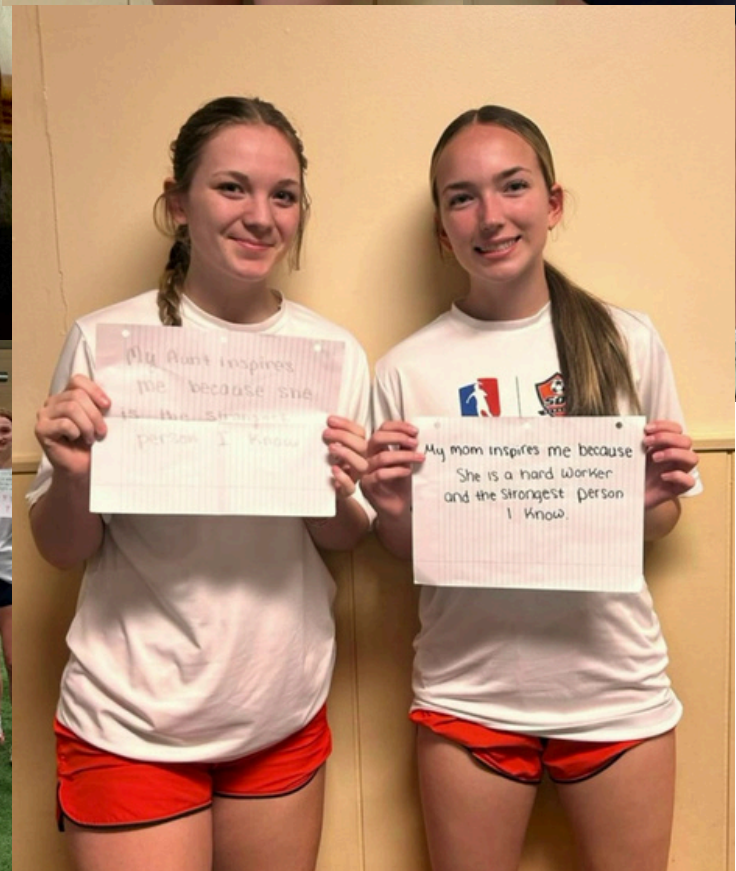
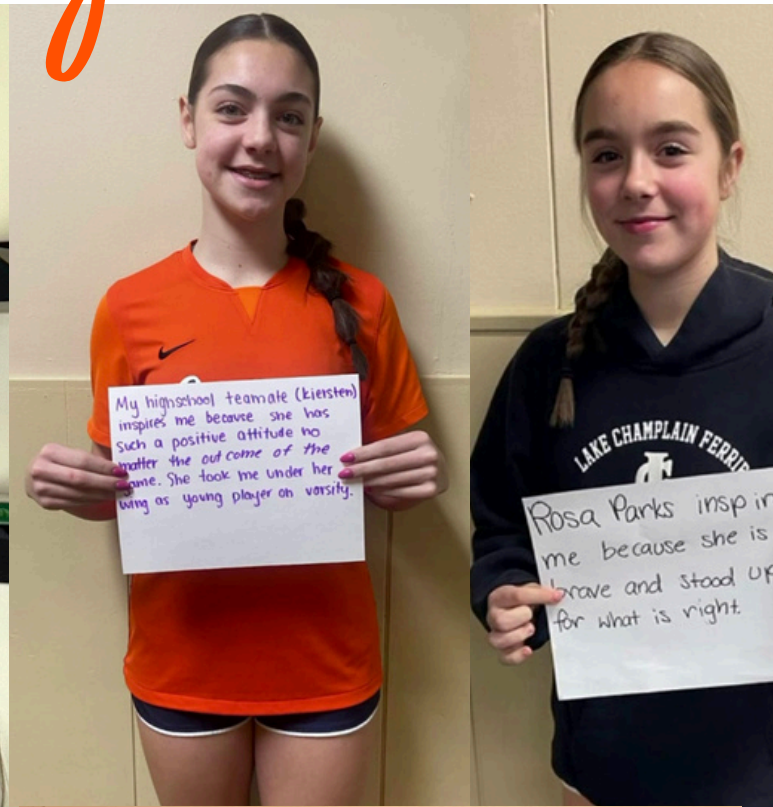
COMMITTED 2025

His advice to younger players is pure Demetrius: "Always look to score. You can't win a game without goals. Even with the best defense, you can at best tie." He's all about making things happen, creating chances, and keeping the pressure on.

Demetrius didn't start soccer the traditional way. He got into the game a bit later than most, kicking off his career in Germany. But thanks to his serious work ethic (and he claims some helpful genes), he didn't just catch up—he pulled ahead. "I was able to keep up and surpass many," he says. Now, after seven years of playing around the world, he's got the experience and the drive to take his game to the next level.

From international matches to dreams of pro soccer and plant shops, Demetrius Blake Jr. is living proof that it's never too late to start something great—and no dream is too big if you're willing to chase it.

What woman inspires you?



PROMPTED BY GA AND LED BY BROOKLYN OLSCHIEWSKE, SDA CELEBRATED WOMEN'S HISTORY MONTH, INSPIRING US TO CONTINUE STRIVING FOR SUCCESS. COMING TOGETHER TO HONOR THE AMAZING WOMEN IN OUR LIVES REMINDED US OF THE STRENGTH AND SUPPORT WE SHARE, AND THE IMPORTANCE OF UPLIFTING THOSE WHO INSPIRE US EVERY DAY.



SDA TRYOUTS

REGISTER NOW!



BOYS

MLS NEXT TIER 2

2013 MLS Next Tier 2	Sunday, May 18th	10:30am-11:50am	CNYFSC Outdoor Field 2
	Saturday, June 21st	10:30am-11:50am	CNYFSC Outdoor Field 2
2012 MLS Next Tier 2	Sunday, May 18th	12pm-1:20pm	CNYFSC Outdoor Field 1
	Saturday, June 21st	12pm-1:20pm	CNYFSC Outdoor Field 1
2011 MLS Next Tier 2	Sun, May 18	12pm-1:20pm	CNYFSC Outdoor Field 2
	Sat, June 21	12pm-1:20pm	CNYFSC Outdoor Field 2
2010 MLS Next Tier 2	Sunday, May 18th	1:30pm-2:50pm	CNYFSC Outdoor Field 1
	Saturday, June 21st	1:30pm-2:50pm	CNYFSC Outdoor Field 1
2009 MLS Next Tier 2	Sunday, May 18th	1:30pm-2:50pm	CNYFSC Outdoor Field 2
	Saturday, June 21st	1:30pm-2:50pm	CNYFSC Outdoor Field 2
2008/07 MLS Next Tier 2	Sun, May 18	1:30pm-2:50pm	CNYFSC Outdoor Field 3
	Sat, June 21	1:30pm-2:50pm	CNYFSC Outdoor Field 3

BOYS

PRE MLS NEXT TIER 2

2018/19 Pre MLS Next Tier 2	Sunday, May 18th	9am-10:20am	CNYFSC Indoor Field 1
	Saturday, June 21st	9am-10:20am	CNYFSC Indoor Field 1
2017 Pre MLS Next Tier 2	Sunday, May 18th	9am-10:20am	CNYFSC Indoor Field 2
	Saturday, June 21st	9am-10:20am	CNYFSC Indoor Field 2
2016 Pre MLS Next Tier 2	Sunday, May 18th	9am-10:20am	CNYFSC Outdoor Field 1
	Saturday, June 21st	9am-10:20am	CNYFSC Outdoor Field 1
2015 Pre MLS Next Tier 2	Sunday, May 18th	9am-10:20am	CNYFSC Outdoor Field 2
	Saturday, June 21st	9am-10:20am	CNYFSC Outdoor Field 2
2014 Pre MLS Next Tier 2	Sunday, May 18th	10:30am-11:50am	CNYFSC Outdoor Field 1
	Saturday, June 21st	10:30am-11:50am	CNYFSC Outdoor Field 1

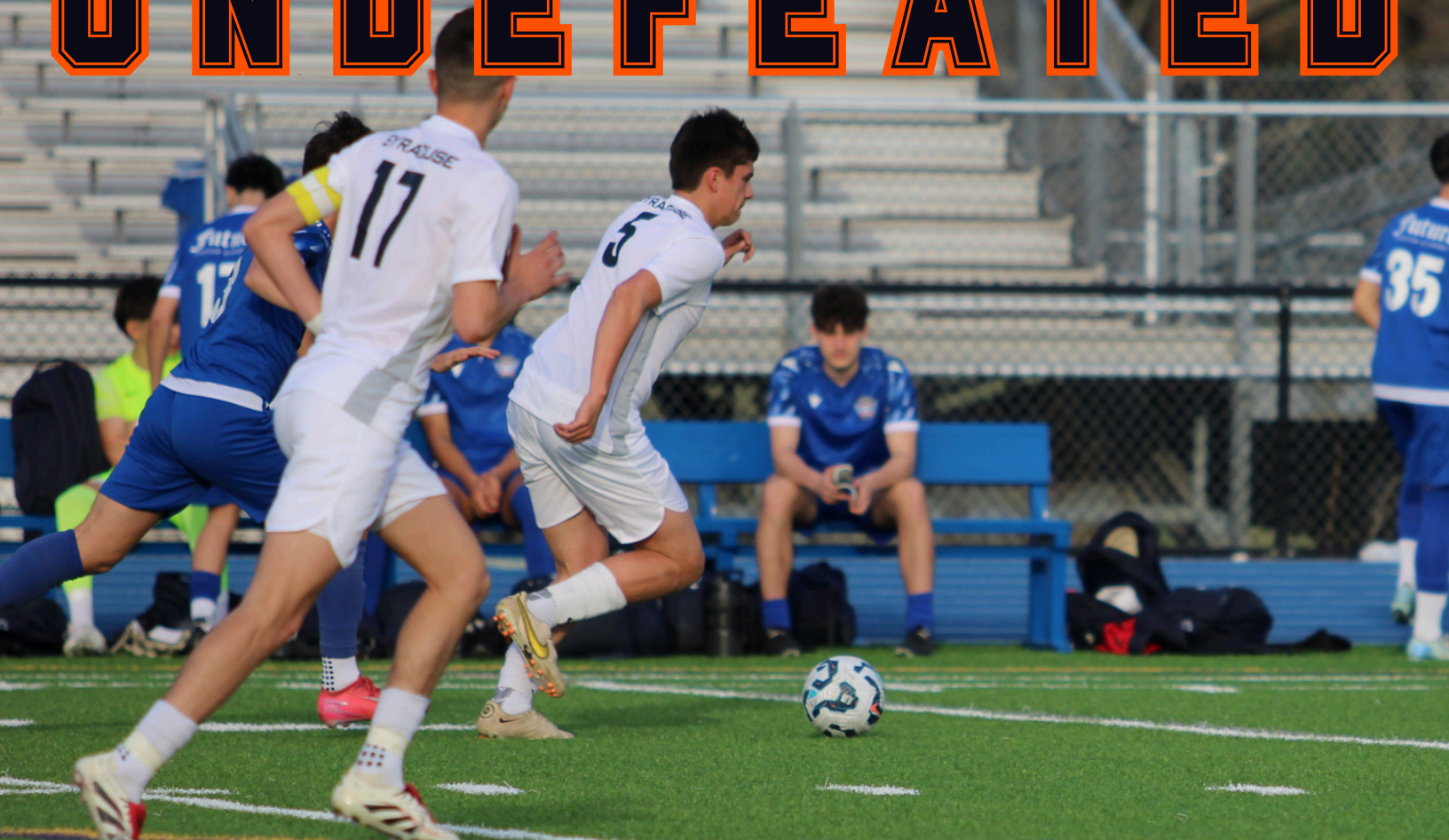
GIRLS ID CLINICS

2013 GA/GA2	Thursday, June 12th	5:00pm-6:20pm	CNYFSC Outdoor Field 1
	Thursday, June 26th	5:00pm-6:20pm	CNYFSC Outdoor Field 1
2012 GA/GA2	Saturday, June 7th	12pm-1:20pm	CNYFSC Outdoor Field 1
	Sunday, June 22nd	12pm-1:20pm	CNYFSC Outdoor Field 1
2011 GA/GA2	Saturday, June 7th	12pm-1:20pm	CNYFSC Outdoor Field 2
	Sunday, June 22nd	12pm-1:20pm	CNYFSC Outdoor Field 2
2010 GA/GA2	Saturday, June 7th	1:30pm-2:50pm	CNYFSC Outdoor Field 1
	Sunday, June 22nd	1:30pm-2:50pm	CNYFSC Outdoor Field 1
2009 GA/GA2	Saturday, June 7th	1:30pm-2:50pm	CNYFSC Outdoor Field 2
	Sunday, June 22nd	1:30pm-2:50pm	CNYFSC Outdoor Field 2
2008/07 GA/GA2	Saturday, June 7th	1:30pm-2:50pm	CNYFSC Outdoor Field 3
	Sunday, June 22nd	1:30pm-2:50pm	CNYFSC Outdoor Field 3

GIRLS ID CLINICS

2018/19 Pre GA	Saturday, June 7th	9am-10:20am	CNYFSC Indoor Field 1
	Sunday, June 22nd	9am-10:20am	CNYFSC Indoor Field 1
2017 Pre GA	Saturday, June 7th	9am-10:20am	CNYFSC Indoor Field 2
	Saturday, June 14th	9am-10:20am	CNYFSC Indoor Field 2
2016 Pre GA	Saturday, June 7th	9am-10:20am	CNYFSC Outdoor Field 1
	Saturday, June 14th	9am-10:20am	CNYFSC Outdoor Field 1
2015 Pre GA	Saturday, June 7th	9am-10:20am	CNYFSC Outdoor Field 2
	Sunday, June 22nd	9am-10:20am	CNYFSC Outdoor Field 2
2014 Pre GA	Saturday, June 7th	10:30am-11:50am	CNYFSC Outdoor Field 1
	Sunday, June 22nd	10:30am-11:50am	CNYFSC Outdoor Field 1

UNDEFEATED



Boys 2008 2-0-1 in Jefferson Cup



UNDEFEATED

UNDEFEATED



UNDEFEATED

DOM PAOLINI:

FINISHING THIRD IN OUR DIVISION AT JEFFERSON CUP WAS A GREAT WAY TO KICK OFF THE SEASON. THE COMPETITION WAS TOP-NOTCH, AND IT FELT AMAZING TO WALK AWAY WITH STRONG RESULTS THAT REFLECT THE HARD WORK WE'VE BEEN PUTTING IN. COMING INTO THE WEEKEND, WE KNEW IT WOULDN'T BE EASY, SO WE REALLY LOCKED IN DURING TRAINING AND HAD A SOLID SESSION TO TIGHTEN THINGS UP.

WHAT STOOD OUT MOST TO ME WAS HOW WE STAYED TOGETHER AS A UNIT. EVEN WHEN WE GOT SCORED ON, IT WAS ABOUT PICKING EACH OTHER UP AND STAYING MOTIVATED TO FIGHT BACK. IN OUR FIRST MATCH, WE WEREN'T AT OUR BEST, BUT WE STILL BATTLED HARD AND CAME OUT WITH A DRAW TO STAY UNDEFEATED—THAT SHOWED A LOT OF HEART.

AS A TEAM, WE'VE BEEN PLAYING TOGETHER ALMOST OUR ENTIRE SOCCER LIVES, AND THE CHEMISTRY WE'VE BUILT IS SOMETHING SPECIAL. THAT CONNECTION MADE A REAL DIFFERENCE. PERSONALLY, THIS TOURNAMENT TAUGHT ME THAT AS A CAPTAIN, YOUR TEAMMATES LOOK TO YOU—NOT JUST FOR PLAY, BUT FOR LEADERSHIP. I WANT TO CARRY THIS MOMENTUM INTO LEAGUE GAMES AND HOPEFULLY ALL THE WAY TO NAL WEEKEND AND A STATE CUP TITLE.



WILL STEVENS:

PLACING HIGH AT A TOURNAMENT LIKE JEFFERSON CUP REALLY SHOWS THE LEVEL WE'RE CAPABLE OF. COMPETING WITH TOP TEAMS FROM ACROSS THE COUNTRY PROVED THAT WE CAN PLAY AT A HIGH LEVEL, AND IT'S SOMETHING WE CAN BUILD ON GOING FORWARD.

PERSONALLY, ONE OF THE BIGGEST CHALLENGES WAS ADAPTING QUICKLY TO OUTDOOR PLAY. WE'VE BEEN TRAINING INDOORS FOR A WHILE, SO STEPPING ONTO A FULL-SIZE FIELD IN VIRGINIA WAS A BIG SHIFT. BUT I THINK THE WHOLE TEAM HANDLED IT REALLY WELL, AND WE CAME TOGETHER FAST DESPITE NOT HAVING THAT FULL-FIELD RHYTHM FOR SOME TIME.

PHYSICALLY, PLAYING THREE GAMES IN THREE DAYS WAS TOUGH, BUT IT'S SOMETHING WE'RE USED TO. MENTALLY, WE STAYED SHARP BY FOCUSING ON THE SAME THINGS WE ALWAYS PRACTICE—TRUSTING WHAT WE'VE LEARNED AND STAYING DISCIPLINED. IN EVERY MATCH, WE STAYED COMPETITIVE, KEEPING THAT MINDSET THAT WE'RE THE BETTER TEAM AND PUSHING HARD FROM START TO FINISH. PLAYING IN FRONT OF SO MANY COLLEGE COACHES WAS A GREAT EXPERIENCE, AND IT DEFINITELY HELPED ME AND EVERYONE ELSE GROW.

The background image shows two young women in orange soccer jerseys celebrating on a grassy field. It is raining, with raindrops visible in the air. The player on the left is seen from the back, wearing a jersey with the SDA logo and the number 5. The player on the right is facing forward, smiling, and wearing a jersey with 'SDA' printed on the front. They are holding hands. A large orange semi-circle is overlaid on the bottom left of the image, containing the text.

JOIN THE SDA FAMILY

Know a passionate soccer player eager to expand their game or a family who wants to learn about the world of SDA?

Share your SDA experience with them and encourage them to reach out to us. Have them email us at syracuseda@gmail.com for an in-depth exploration of what SDA has to offer.

Your involvement could make a positive difference in their soccer journey.



GALLERY





UPCOMING EVENTS

**MEMORIAL WEEKEND WILL BE A BIG
ONE FOR TOURNAMENTS!**

**GIRLS: PDA SHOWCASE
MAY 24-26**



**BOYS: POTOMAC MEMORIAL
DAY SHOWCASE
MAY 23-26**

